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Aura Chakra Report

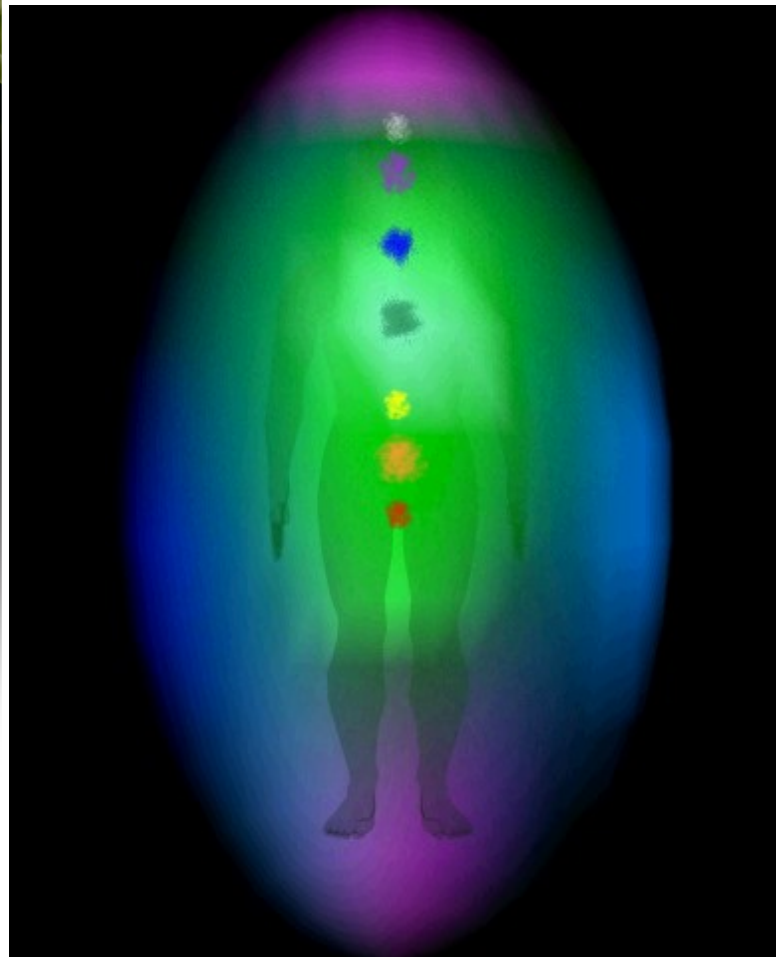


DEEP GREEN balanced, social, teacher, love people, nature, animals

11/5/22 3:55 PM

Aura Energetics * Phone 07984872343
www.auraenergetics.co.uk

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YOUR AURA CHAKRA ANALYSIS

The **AURA VIDEO STATION** measures your data through hand sensors. This data is analyzed, processed and mapped to specific aura-chakra states.

Your **Aura-Chakra Photo and Report** gives you a colorful, visual and graphical representation of the measured data. This information is for educational and entertaining purposes only. For *any* medical or therapeutic diagnosis, please consult your health professional.

YOUR AURA COLOR TYPE

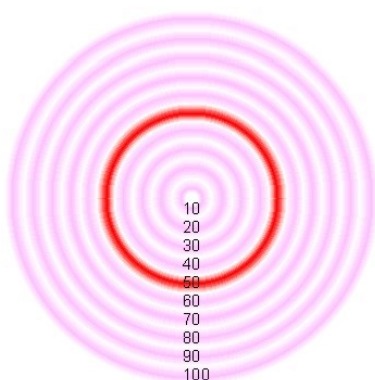
Your main **aura color** reflects your **personality type and traits**.





YOUR AURA SIZE

The red circle indicates the **size of your aura** and is an important indicator of how much energy you radiate around you.



Large, Wide Aura (75-100) Indicates a strong and powerful radiance. Other people can feel your strong aura. Use your charisma and aura power to achieve your goals and dreams.

Middle, Average Aura (40-75) Indicates you have a strong presence and radiant energy. You can achieve your goals by increasing your aura even more and focusing on your goals.

Small Aura (0-40) Indicates low energy level. Others might perceive you as introverted or with low physical energy. Try to create a stronger radiance around you and increase your aura power.

CHAKRA SIZE & SHAPE OVERVIEW

Look for the following variations of each **chakra**:



ROUND: Balanced, harmonious chakra activity.

OVAL: Slightly unbalanced chakra.

LARGE: Overactive, high-energy activity.

SMALL: Underactive, low energy activity.

BRIGHT: Balanced, high energy. Positive qualities of chakra.

DARK: Low energy, unbalanced, stressed chakra activity.

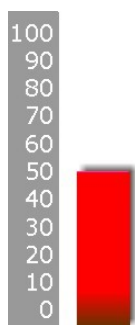


YOUR CHAKRA ACTIVITY

Knowing about your **energy centers** or **chakras** may help you gain insight into creating greater balance and harmony in your life.

1. BASE CHAKRA

This **chakra** is located at the end of the spine and corresponds to life energy, physical activity, emotional strength, will power and sexuality.



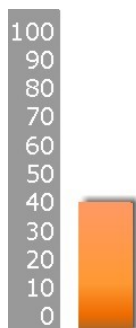
High life energy, radiant, sensual and passionate qualities.

Medium life energy, active lifestyle.

Low life energy, survival, accidents, stress qualities.
You need to recharge your field energies and vitality.

2. NAVEL CHAKRA

This **chakra** is located below the navel and corresponds to creative, productive and emotional expression of life energy.



High productivity, strong emotional expression.

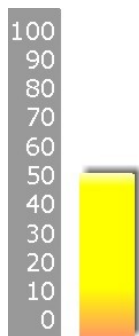
Medium productivity and emotional creativity.

Low productivity and creativity, limited emotional expression.
Increase your creative qualities and abilities.



3. SOLAR PLEXUS CHAKRA

This **chakra** is located at the solar plexus and corresponds to personal power, creative and intellectual thoughts.



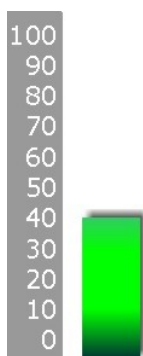
High creativity, intellectual and analytical thinking, playful qualities.

Medium creativity, intellectual and analytical thinking, playful qualities.

Low creativity, intellectual and analytical thinking or playful qualities.
Have more fun and joy in your life, increase your creativity.

4. HEART CHAKRA

This **chakra** is located around the heart and corresponds to unconditional love, self-love and forgiveness. It relates to the balance between Body, Mind and Spirit energy.



Very heartfelt, loving and sensitive qualities.

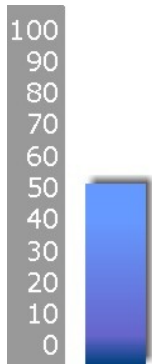
Average loving and sensitive qualities.

Low heart energy and expressive qualities.
Need to open heart and feel thoughts and emotions more deeply.



5. THROAT CHAKRA

This **chakra** is located around the throat and relates to communication, speech, social abilities, verbal and emotional expression.



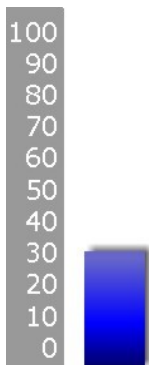
Strong expression of thought, emotions and communicative qualities.

Average communicative qualities.

Unbalanced energy, limited emotional and verbal expression.
Find new ways to express your thoughts and emotions.

6. THIRD EYE CHAKRA

This **chakra** is located between the eyes and corresponds to intuition, vision, and artistic and creative thoughts.



High intuitive energy, strong artistic and intuitive qualities.

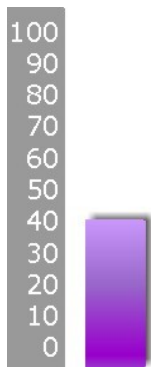
Medium intuitive energy, average artistic and intuitive qualities.

Low intuitive energy, artistic and intuitive qualities.
Need to increase intuition and creative and artistic thoughts.



7. CROWN CHAKRA

This **chakra** is located on top of the head and corresponds to intuition, spirituality and enlightenment.



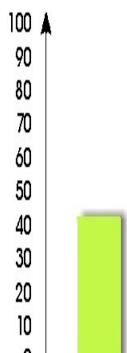
High intuitive energy, radiant, sensitive and spiritual qualities.

Medium intuitive energy, radiant, sensitive and spiritual qualities.

Low intuitive energy, sensitive and spiritual qualities.
Need to find new direction and vision in your life.

YOUR AURA CHAKRA BALANCE

This graph indicates your *overall aura chakra* balance.



Very balanced. Aura and chakras are in harmony.

Average balance. Aura and chakras are not fully balanced.

Very unbalanced. Aura and chakras are stressed with low energy.
Improve your aura and chakras conditions. More harmony needed.

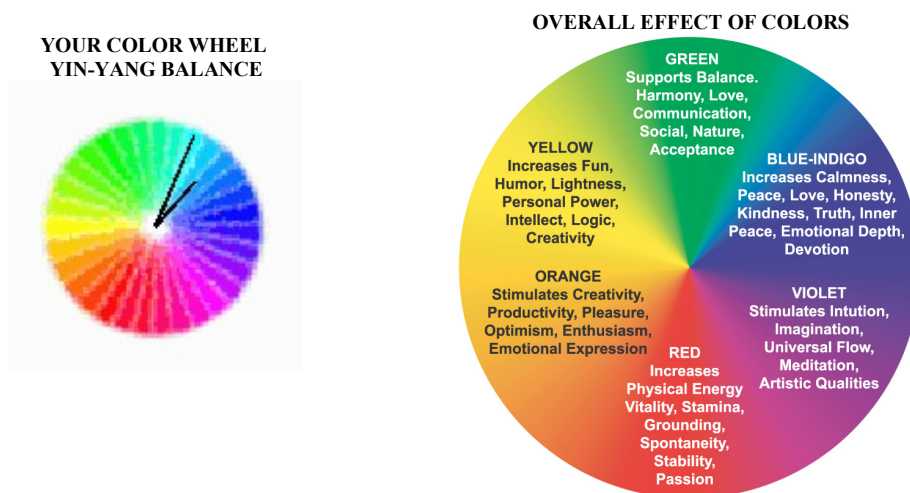


YOUR ENERGY-DATA ANALYSIS




The following **energy-data graphs** and **meters** reflect important parts of your energetic body system.

COLOR WHEEL / YIN-YANG

The **color wheel** gives you an overview of the complete aura color range. It is recommended to use your *aura color* or the *complementary-opposite color* to relax and balance yourself.



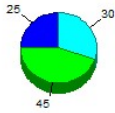
This graph also indicates your **Yin-Yang balance**. The short needle reflects the Yin-female-left qualities. The long needle the Yang-male-right qualities of your energy system.

-  Yin-Yang balance with needles close together indicates male-female energies seem to be in harmony.
-  Unbalanced, disharmonious, left-female and right-male energies need balancing.
-  Very unbalanced, one energy side might feel tense or stressed. Balancing is recommended.



YOUR MIND-BODY-SPIRIT GRAPH

This **Mind-Body-Spirit graph** gives you an overview of how your energies are distributed between body, mind and spirit energy.



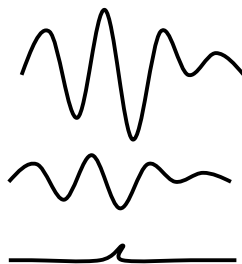
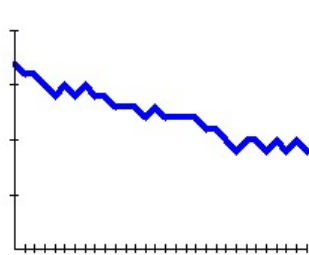
MIND: Your focus is mainly on creativity, mental and emotional expression, and communication.

BODY: Your focus is on physical reality and results, and field-related activities.

SPIRIT: Your focus is on personal development, feelings, intuition, spirituality and inner qualities.

YOUR EMOTIOMETER

The **emotimeter** shows your emotional reactions, true thoughts and inner feelings. Real-time graphic indicators display immediate response of true feelings and thoughts.



Highly emotional stressed, agitated, High excitement, nervousness or sensitivity.

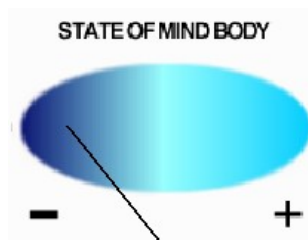
Very emotional and sensitive, expresses emotions freely.

Centered, stable, unemotional, passive, does not express emotions easily, keeps emotions inside.

YOUR STATE OF MIND-BODY GRAPH

The **state-of-mind body graph** displays your overall mind/body condition.

STRESSED
A tense, stressed condition will register when the needle moves towards the left side.

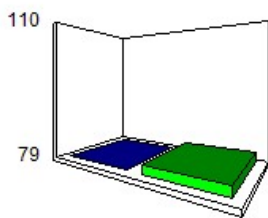


RELAXED
If you are in a relaxed, harmonious state, the needle will move toward the right side of the graph.



YOUR STRESS/RELAXATION GRAPH

The **relaxation graph** shows your energetic relaxation or stress energy level. The left blue bar is used as a baseline (environment). The green bar and left top numeric value show your **personal energetic relaxation level**.

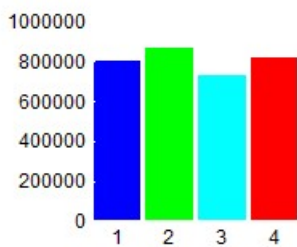


GREEN BAR = YOUR RELAXATION LEVEL

- 110+ High relaxation, very balanced and high energy
- 100
- 95 Average daily physical activity or relaxation level
- 90
- 80- High physical stress, low circulation, low physical energy

YOUR ENERGY LEVEL GRAPH

The **energy level graph** shows the different energy channels that are measured and is based on your *electro-dermal* activity. The **Indigo Channel (1)** represents your **Intuitive Energy**. The **Green Channel (2)** represents your **Mental Energy**. The **Light Blue Channel (3)** represents your **Emotional Energy**. The **Red Channel (4)** represents your **Physical Energy**.



- 1,500,000 **Extremely High Vibration Range**
-800,000 More grounding and focus is needed.
- 800,000 **High Vibration Range** Great for intuitive and sensitive activities. More grounding and focus is recommended.
-500,000
- 500,000 **Medium Vibration Range** Great for daily activities.
-250,000 Shows mind-body-spirit balance.
- 250,000 **Low Vibration Range** Great to achieve goals and recharge your energy. Relaxation is also advised.
-70,000
- 70,000 **Very Low Vibration Range**
-10,000 Increasing sensitivity and energy level needed.

Even bars indicate that the different energy channels are flowing in harmony and each part of your system is vibrating at the same frequency. Uneven bars show that there is disharmony in your energy flow and part of your system may be out of balance.

The values indicate your **vibrational rate**, starting with low values from 10,000 to high values up to 1,500,000.



YOUR PERSONAL AURA COLORS

Please review the following areas on your **aura-chakra photo**:

Left Side (Female-Yin)

The color on the left side is normally the vibration coming into your being. It is what you feel inside, but might not have expressed.

Above Head (Thoughts-Beliefs)

The color over your head is what you experience for yourself *now*. It reflects what you think or believe at that moment and shows your current state of mind.

Right Side (Male-Yang)

The color on the right side is traditionally the energy being expressed, the qualities most likely seen or felt by others around you. It is what you are putting out to the world.

Center (Base Aura Color)

Your most dominant Aura Color is seen in the center of your body. This Base Aura Color helps determine your Personality Type and does not change as fast as the outside colors.

Dark, muddy or multiple Aura Colors

You might be stressed and tired. You may be in a period of tremendous growth and change reflected by several aura colors.

Chakras

The shape, size and intensity of the color of each chakra reflects various physical, emotional, mental and spiritual states within your aura.

Round, circular chakras show a balanced energy system.

Non-circular, blurred chakras show an imbalance in your energy centers. Also look at the color and brightness of each chakra for a more detailed analysis.



AURA COLORS OVERVIEW

- Deep Red:** Realistic, grounded, active, strong will-power, survival-oriented.
- Red:** Active, powerful, energetic, vitality, competitive, winner, sexual, passionate.
- Orange-Red:** Confidence, creative power.
- Orange:** Creative, productive, adventurous, courageous, relates to emotions.
- Orange-Yellow:** Analytical thinker, creative, intelligent, scientific, detail oriented, perfectionist.
- Yellow:** Creative, intelligent, playful, lightness, optimistic, easy-going, relates to life energy.
- Yellow-Green:** Communicative, creative with heart.
- Green:** Teacher, social, communicator, love people, animals, nature.
- Blue-Green:** Healer, therapist, sensitive, peace, tranquility, compassionate.
- Blue:** Caring, sensitive, loving, helpful, intuition, love to help others.
- Indigo:** Intuitive, sensitive, loyal, deep feelings, visual, relates to the third eye.
- Violet:** Intuitive, artistic, magical, futuristic, idealistic, relates to crown.
- Lavender:** Imagination, visionary, daydreamer, etheric.
- White:** Spiritual, transcendent, higher dimensions, etheric and non-physical qualities.

LEFT DOMINANT

The left female side of your field has a higher energy level than your right active masculine side. Answer these questions for yourself:

Are you experiencing physical ailments on your left side?

Is your left side more sensitive? Are there feelings that need to be expressed?

Do you feel a slight physical imbalance between your left and right field side?

HEART DOMINANT

Your heart energies seem to be very active right now. Answer these questions for yourself:

Do you have friends or family you can share your feelings with?

Do you feel strong and intense emotions in your heart at the moment?

What feelings are waiting to be expressed and shared?

STRESSED / LOW ENERGY

Is it a very stressful time for you right now? Are you going through a lot of changes or are you working on too many projects at once? Your Aura shows that you are not very energized. You might be very active but in reality you are using up your internal battery. It might be time for you to relax your mind and field on a regular basis. Why not go to the beach or mountains to unwind and recharge your inner batteries. Ask your consultant for products to help you to be more creative, balanced and relaxed.

Your Individual Aura Color Analysis

Deep Green in the Aura

Deep Green is the color of growth, communication and expression. It reflects a strong connection with nature and the material world. You are quick minded, well spoken and are capable of living a balanced and harmonious life. Clear bright Deep Green shows a willingness to help others.

You have a strong connection with Mother Nature. Rich emerald tones show healing abilities, a love of people and a compassionate nature. Muddy or dark Deep Green shows a need for healing energy and an earthbound, inflexible personality. Deep Green is the color associated with the fourth or Heart Chakra.

Do you often have high expectations of your self and those around you?

Are you impatient?

Are your relationships with your family and friends fulfilling?

Do you love yourself and do you feel accepted and loved by others?

Are you open to change in your life?

Are you in contact with nature, people, children or animals?

Are security, balance and harmony present in your life?

Are you expressing your deep inner feelings in a positive healthy way?

Violet Around the Head

Clear bright violet means that your capacity for intuitive perception is extremely high. You are very creative and your sensitivity enhances your subtle and artistic imagination. Your ability to channel divine energy could make you a healer. Dark and muddy violet suggests that you are not always very practical or clear in your expression. You may be inconsistent and incomprehensible. Your physical strength is probably limited and you may not be very grounded.

Indigo on the Left

Clear bright Indigo flowing into your aura shows harmony and peace coming into your life. You have deep inner feelings that need to be expressed and communicated. Try to surround yourself with others who understand your perception of life and benefit from your healing energy presence. Your sense of loyalty is strong, your thinking clear and your intuition powerful. Dark muddy Indigo indicates inhibited thinking and a need to withdraw to replenish your energy. You may protect your deep inner feelings by being overly cautious and introverted. You may feel misunderstood and trapped.

Indigo on the Right

Bright Indigo shows inner peace, calmness and a powerful connection with the Divine manifesting in a loving outward personality. Your intuition is strong. You are a centered focal point in any company, radiating peace, faith and hope. Deeper clear Indigo indicates your need to help others and shows that you are able to communicate your love and feelings. Muddy dark Indigo shows insecurity and unhappiness. You may be too introverted. Your physical energy might be low, your emotions and heart confused.

Blue in the Heart Area

Clear, deep and bright blue in this area indicates that you are expressing a tremendous amount of energy from your heart. Check yourself for a balance between giving to others and to yourself. It may be necessary for you to nurture and take care of yourself more. Dark muddy blue in the heart shows that you have internalized unhappiness and pain, and may lack self love.

White in the Heart Area

White in the heart area indicates that you have accumulated incredible energy. It can also mean you may open your heart too widely and therefore may need to protect your self from the demands of others. If white is harmonious with the aura there is great spiritual knowledge in your heart.

DEEP-GREEN PERSONALITIES

The following are the energetic-qualities with DEEP-GREEN personalities:

| Area | Description |
|-------------------------|---|
| <i>Physical</i> | Material, physical, wealth, luxury, firmness, clarity of presentation and communication, structured, domineering, resistance to change. |
| <i>Emotional</i> | Self-esteem, assertive, consistent, perseverance, tenacity, self-control, proud, superiority, ideal. |
| <i>Mental</i> | Quick minded, organized, communicative, ambitious, intelligent, accurate memory, high expectations, perfectionist. |
| <i>Spiritual</i> | Mental concept and understanding of God. |
| <i>Motivation</i> | Achieving goals, being accepted and important, making money. |
| <i>Mission/Vision</i> | Intellectual growth, to learn, express and teach others. |
| <i>Growth</i> | Acceptance, take responsibility for themselves, organize life. |
| <i>Exercise</i> | Walking, gym, aerobics, professional sports. |
| <i>Recharge battery</i> | Nature, aerobics, sports, communication, mental and emotional balance. |
| <i>Communication</i> | Fast, direct, personal, precise, ideal communicators and teachers. |
| <i>Interaction</i> | Powerful, direct, verbal, intelligent, constant mental stimulation. |
| <i>Relationships</i> | High expectations, goal oriented, look for acceptance and understanding. |
| <i>Social, Friends</i> | Aristocratic, expensive life style, business friends, social events. |
| <i>Sex, Intimacy</i> | Attractive, need acceptance and security emotionally, careful. |
| <i>Money</i> | Means luxury, wealth, superior powers, independence from others. |
| <i>Success</i> | Amount of money they earn, being accepted, achieving goals. |
| <i>Occupation</i> | Workaholics organizers, planners, independent, financial careers, management. |
| <i>Career</i> | Bankers, entrepreneurs, lawyers, real estate or stock market broker, financial consultants, producers. |

If you want to know more about your DEEP-GREEN Personality Type, we suggest that you review the GREEN and BLUE profile in the book AURA MASTERY.

MIND/ENERGY

Deep-Green personalities are bright, intelligent and energetic. They are communicative, organized, ambitious and love to surround themselves with people, nature and material wealth and luxury. They express the belief that every human being should live in prosperity and abundance. Their balance and harmony with nature is reflected in their ability to organize life. Greens love to experience life to its fullest, balancing mind, body and spirit.

Deep-Greens integrate almost all the qualities of Green personalities. The primary difference is they are more intense and direct in everything they do. Deep-Greens are communicators like Greens but do so with more power and intensity. All Green personalities are mental and quick-minded, but Deep-Greens are extremely fast in their thinking, more detailed and more dynamic.

They possess the ambition to achieve their goals. Focusing on business and other social events helps them in their growth. Deep-Greens love to be around people because they need constant interaction and stimulation. Talking with friends, business associates and sharing ideas and thoughts is extremely refreshing and recharging for them. They crave human interaction, always knowing how to express themselves because they are excellent communicators.

Deep-Greens love to give advice and to tell other people what to do. They think they know everything better and this may even often be the case. They are the perfect teachers. Their powerful precise communication allows them to express their ideas with strength and clarity. Most of the time they say exactly what they think.

Deep-Greens have the ability to quickly make a point in a conversation. While other life colors might need ten minutes or more to explain a situation or concept, Deep-Greens can say it in a few sentences. On the other hand, if they are unhappy or frustrated they will verbally let go of their frustration. These verbal attacks can often cut deeply into the hearts of others. It is difficult to win an argument against a Deep-Green personality.

Deep-Greens need to constantly stimulate themselves or be stimulated by others. They are easily bored. It is difficult for them to perceive a moment of mental relaxation or emptiness of mind. Their mind works too fast and is too active to let go easily and relax. They love communicating with others, talking, watching movies or reading an exciting book as a means of relaxation and recharging their batteries.

Deep-Greens are ambitious and want to achieve their goals. They perceive life through their quick and competitive minds, adding their strong sense of emotion. The greatest goals they can set for themselves are how productive and perfect they can be in their work and life. After they achieve their goals they feel wonderful. For them, life can be viewed as a large "to do" list. Having these specific goals and ambitions makes their life very special to them. On the other hand, after they achieve their goals they sometimes feel a certain sense of emptiness.

Deep-Greens exhibit perseverance, tenacity, firmness and consistency. These strong and self-assertive personalities may sometimes be afraid of change because they have such precise and specific viewpoints and opinions.

Because they have extremely strong will power, they are independent, preferring to go their own way. They don't like taking orders from other people because they feel they can do it better. Some Deep-Greens are so confident that they have a superior feeling towards others.

Deep-Green personalities are perfectionists. They have great expectations of themselves and others. They set the highest goals and until they are achieved, will not be satisfied. Sometimes the high expectations they place on their friends or co-workers can create a considerable amount of pressure. Their incredible ideals may make it extremely challenging for those around them. If they are accomplished, they may still think it could have been done better.

Deep-Greens need to understand those unusually high expectations can sometimes be the cause of unhappiness and frustration -- not only for those around them, but for themselves. Setting goals is important for Deep-Greens, but their challenge is to find the balance between accomplishment and doing their best. Surrendering to a Greater Plan and to their Higher Power will ultimately lead to a true sense of fulfillment in their lives on all levels.

Deep-Green personalities are quick, abstract, analytical thinkers and can easily jump from one step to the next. They don't like to deal with details, preferring to develop ideas, organize plans and delegate work to others for execution.

They recognize patterns and solutions to challenges quickly, setting goals which they can achieve within a short period of time. Deep-Greens are ambitious, competitive and enjoy the challenges connected with specific tasks at hand. They like to spend their time on the mental processes and then pay others to do the physical work.

Out of power Deep-Greens are afraid of personal failure and the lack of recognition. They try to compensate for this fear by seeming to be in control of every aspect of their life, exhibiting a superior and proud attitude. Their domineering way and need to impress may really be a reflection of their low self-esteem.

Deep-Greens have a need to be mentally in control of their own life. If they find themselves in a situation in which they are not in control they may become frustrated, fearful and stressed. Their challenge is to accept their strong emotional energy, to let go and to understand that not every aspect of life can be controlled by human efforts. A big lesson for them is to enjoy the process of life itself and have fun with what they do.

If they want something, they want it immediately. When it doesn't happen as fast as they would like, they may become aggressive, impatient and judgmental with those around them. Their tendency of being rigid in their objections and goals, can easily result in others feeling insulted and hurt. These perfectionists sometimes project their high expectations, blaming others for their own shortcomings and disappointments.

The life purpose of Deep-Green personalities is to enjoy and experience life with an open heart, to grow intellectually, to integrate their emotions and to learn to live as an example for others.

Spirituality is not an unfamiliar concept for Deep-Greens. Because they are quick at processing concepts, they are able to understand and even teach what God or religion is all about. Their challenge is to actually experience the connection with their Inner Power, God, and to live it. When they open their heart, this will inevitably and effortlessly take place.

SOCIAL LIFE

In our society, Deep-Green is associated with money, wealth and luxury. The aristocratic Deep-Greens usually live an expensive life style with an excess of money around them. Money and an exclusive life style are important. Material wealth shows their high social status and gives them security. They usually have conservative beliefs and social behavior.

It is not uncommon for Deep-Greens to have strikingly attractive features. They pay a great deal of attention to their physical appearance and prefer wearing fashionable, expensive and/or sexy clothes.

Sometimes Deep-Greens have difficulty in accepting all human beings as equal. They can have an attitude of superiority, only mixing with people of their own status. Learning to understand and accept the many diverse lifestyles of others is a major task for them.

Deep-Greens are powerful communicators. They are social personalities who know exactly what they want and are not afraid to express themselves.

RELATIONSHIPS AND INTIMACY

One of the greatest challenges facing Deep-Green personalities is relationships. They may have unusually high expectations toward others, most of which cannot be fulfilled. They want close, intimate and loving relationships, filled with acceptance, warmth and support. They usually look to others for qualities they are missing and ultimately find that no one can deliver those qualities except themselves.

So Deep-Green personalities may experience difficulties in finding a partner they can completely accept. They may find something wrong or not quite adequate. If their partner is not equally ambitious and goal-oriented, living up to their expectations, they will become easily bored, growing out of the relationship.

Communicating is essential for Deep-Greens. Discussing ideas and projects they are working on is an important part of interacting with their partners.

Deep-Greens are usually both physically and mentally attractive. Their regal behavior opens many doors for them, privately as well as in business.

Sex is not a primary issue for Deep-Greens. It can be a deep, intimate physical and emotional experience, or it can be sex with no involvement or strong feelings. They can easily choose between close intimacy and pure physical enjoyment.

Deep-Greens are impressed by the visionary ideas and charismatic power of Violets. Reds stimulate them through their physical power. Orange personalities need a lot more space.

Blues and Indigos may be too emotional and introverted to create a good match. The way of thinking of Deep-Reds and Orange-Yellows is appealing to Deep-Greens. Greens and Deep-Greens have a lot in common, yet they must share the same ambition to achieve goals. Deep-Greens need to understand the playfulness of Yellows to create harmonious relationships.

Deep-Greens need strong, equally intelligent and ambitious partners whom they can accept and appreciate. When they finally open up to their emotions, they can become very close to their partners.

Once the reason for marriage may have been because it guaranteed financial security and a high social status. When a Deep-Green balances the heart and mind, and connects with intuition and their Higher Power, the real meaning of soul mates will unfold and the only reason for love will be for love itself.

CAREER AND FINANCES

Deep-Greens are great at organizing projects and coordinating teams. They often own their own businesses or can be found in high levels within various companies. Their openness, strong mental capacities and communication skills enhance their ability to achieve leadership positions, creating a feeling of importance and recognition. These career conscious personalities and successful entrepreneurs may be textbook examples of typical workaholics.

Deep-Greens come up with solutions to challenges quickly and effectively. This is a result of their clear, quick mind, allowing them to constantly see new options. Deep-Greens are adept at planning and developing, and know how to clearly communicate their ideas and concepts. This gives them the tremendous advantage of being able to solve their own as well as the problems of others. They can be extremely ambitious and goal oriented. Finding the fastest and best solution, gives Deep-Greens great satisfaction.

Deep-Green personalities are generous with tips and especially with advice. They have the ability and capacity to help others, taking pleasure in it. However, they can become frustrated and quickly disinterested if their advice is not followed.

For Deep-Greens to live up to their full potential in the world of business, they prefer being independent, self-employed, or being in responsible top positions. They like to delegate authority. They can be found in many areas as long as their job is well paying, stimulating and highly respected. Deep-Greens love money and what it can do for them. They are drawn to occupations, which have to do with money, guaranteeing them high income.

To be truly successful on all levels, their challenge is to incorporate their heart into the matter of their career and finances. Otherwise their amazing achievements will never be truly satisfying on any level except materially. Their life could either be a series of successes with no real meaning, or a fulfilling personal evolution on all levels.

Some Deep-Green occupations are: bankers, entrepreneurs, lawyers, marketing experts, real estate or stock market brokers, sales persons for expensive items, executives, producers and financial consultants

HEALTH, WELL-BEING AND GROWTH

The best way for Deep-Greens to find harmony is to stay emotionally, mentally and spiritually centered, taking full responsibility for their own life. By recognizing what they truly want to achieve both in their inner and outer world, and by taking active steps, they can express their full dynamic power.

Deep-Greens need to channel their strong mental energies and high expectations into positive meaningful directions. The more Deep-Greens feel and connect with their heart, the more content and successful they will be.

Deep-Greens are not very interested in purely physical activities. To exercise or be involved in any sport for fun makes little or no sense to them. They will become active if they establish a good reason to stay physically fit. These would include health, a strong physique or overall attractiveness. Physical exercise may also be more than just for health or recharging. It might provide an opportunity for calming the mind from its constant need for stimulation and activity.

Mental relaxation tapes, visualization and dream journeys, as well as brain enhancing and balancing machines are proven methods to achieve a deeper and more relaxed state of mind. Once the mind is calm, Deep-Greens will open up their hearts, moving into higher dimensions of relaxation, creativity and meditation. Deep-Greens must learn to recharge their life energy batteries on a regular basis. Once they are able to calm their mind and let go of their high expectations, they will find enough inner peace to allow relaxation and recharging to occur.

Even if Deep-Greens appear to be strong willed and independent, deep inside they harbor the fear of not being accepted or recognized. Life is change, growth and expansion. Insecurity is one of the challenges life has to offer. Integrating heart and intuition with a powerful mind, will help Deep-Greens to relinquish their intense need to control their lives. Surrendering control to their Higher Power will alleviate the pressure they feel to succeed. Putting their life in God's Hand, actively following their heart and their intuition, will bring Deep-Greens true self empowerment on all levels.